

HOW A MASK WORKS

- COVID-19 spreads mainly among people who are in close contact.
- All of us have droplets in coughs and sneezes that can carry COVID-19 to others.
- Coughs spray droplets at least 6 feet. Sneezes travel as far as 27 feet. Droplets also may spread when we talk or raise our voice.
- These droplets can land on your face or in your mouth, eyes and nose.
- When you wear a mask, it keeps more of your droplets with you.
- A mask also adds an extra layer of protection between you and other people's droplets.

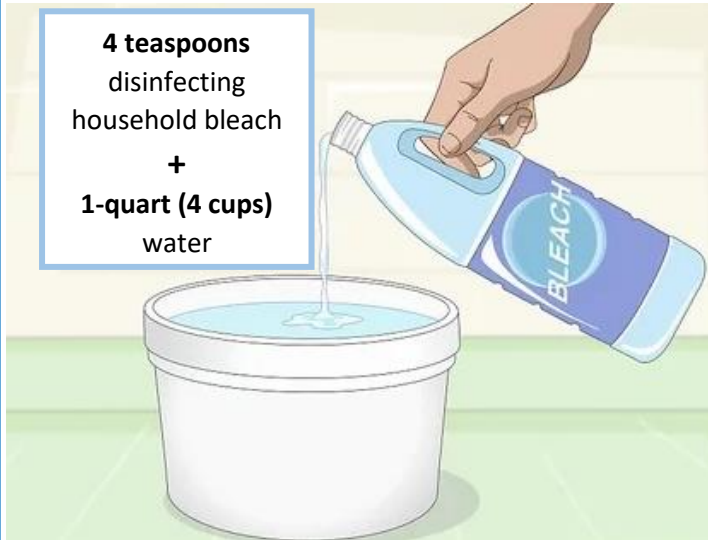
Chance of Transmission	Asymptomatic COVID-19 Carrier	Uninfected Person
HIGHEST		
HIGH		
MEDIUM		
LOW		
LOWEST		
PRACTICALLY NONE		

6 ft

If you need a re-usable cloth mask, please contact Jireh Human Resources

HOW TO HAND WASH YOUR FACE COVERINGS

4 teaspoons
disinfecting
household bleach
+
1-quart (4 cups)
water



1. Prepare solution per instructions
2. Soak the face covering in the bleach solution for **5 minutes**
3. Rinse thoroughly with cool or room temperature water
4. Dry face covering before wearing again. Lay it out to air dry.

HOW FAR DO SNEEZES AND COUGHS TRAVEL?

**COVID-19 IS SPREAD THROUGH
RESPIRATORY DROPLETS**



Cloth face coverings can greatly reduce the risk of the virus spreading.

